

How can you help?

Volunteer:

We need volunteers every Friday to work in the alley/pantry to assist in setting up distribution stations and to distribute food. Call 812-243-4241 to volunteer or just show up at 8 am on Friday in the alley between 7th and 8th behind St. Stephen's Episcopal Church.

Donate:

Manna from Seven is a 501(c)(3) corporation approved by the Internal Revenue Service on February 19, 2019.

Please consider a one-time or a monthly gift to Manna to help us to continue meeting the food and other needs of members of our community.

To donate, checks may be sent to:

Manna from Seven
215 N 7th Street
Terre Haute, IN 47807

Manna from Seven Board of Directors

Susan Seitz, Executive Director
Kim Marlow, President
Lori Branson, Vice President
Rick Baldomero, Recording Secretary
Gary Ray, Financial Secretary
Daniel Bradley
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Manna from Seven

**A Terre Haute Food
Pantry for the People of
the Wabash Valley**

215 N 7th Street

(In the alley behind St.
Stephen's Episcopal Church)



**What is our mission, how do
we accomplish our task?**

Manna from Seven is a Terre Haute, Indiana, nonprofit 501(c)(3) organization which provides on-site distribution and home delivery service of food, beverage, and personal care items. We provide items for blessing boxes, laundry service, and haircuts, in a non-discriminatory and inclusive manner designed to meet the needs of homeless and food insecure families in the Wabash Valley.

Manna from Seven operates from donated space within St. Stephen's Episcopal Church on 7th Street in downtown Terre Haute. We cover operational costs through grants and private donations and there is no paid staff. Volunteers provide all the labor needed. Each week, 30-50 volunteers work as part of **Manna from Seven** to provide services to their neighbors.

Manna from Seven operates primarily as a drive-through food pantry every Friday morning. Everyone is welcome. More than four hundred (400) households obtain assistance during our Friday morning operation.



Friday at the walk-up station.

Manna's secondary operation is the home delivery program, which operates to assist those that are homebound and unable to leave the residence to participate in the Friday morning distribution. A box of food, beverages, and non-food items are prepared for each home and delivered by volunteer drivers. On average, over 140 households receive delivered assistance from 20 to 25 volunteer drivers.

Manna obtains most of its food, non-food, and beverage items at no cost through a cooperative relationship with Midwest Food Bank, Indianapolis, Indiana. **Manna** volunteers drive a 26-foot, dock-height box truck with a lift gate to Indianapolis on Thursday of each week to pick up items for distribution.

People requesting food without a vehicle arrive on foot or bicycle. On average, seventy (70) households are served each

At approximately 6:00 am each Friday, volunteers, in all types of weather, unload the truck and stage the items for distribution in the alley adjacent to the east side of the church. Items not being distributed that day are passed through windows into the church basement for sorting and later distribution. At 8:30 am, vehicles begin to proceed through the alley to receive food and non-food items from twenty (20) or more volunteers. About 150 vehicles representing 400-500 households utilize our Friday morning pick up service.

In a typical week, more than six hundred (600) households receive services from **Manna from Seven** through our Friday morning distribution and delivery service.

Other food distribution and services are conducted mid-week by appointment. Laundry services, haircuts, blessing boxes, etc., amount to more than seven hundred (700) Wabash Valley households receiving assistance from **Manna from Seven** every week.